Today, hotels make it easy to work out: They loan you athletic apparel when you "forget" to pack yours. They partner with trendy fitness studios and gyms in big cities. They put spin bikes in guest rooms. But a new package from Boston’s Hotel Commonwealth gives travelers added incentive: Walk 10,000+ steps a day, pay less for your room that night.

Book the Readers’ Choice Award–winning hotel’s ‘Fit to be [Kenmore] Square’ package (from $399/night) and you’re given a Fitbit to use during your stay. The more you walk, the deeper the discount: 10,000 steps a day provides 10 percent off that evening’s stay; 15,000 steps, 15 percent; 20,000, 20 percent. All you have to do is show photo proof of your daily step count at checkout. The package also comes with a $20 New Balance gift card (there’s a location in Back Bay on Boylston Street) and breakfast at Eastern Standard next door (their toasted corn muffins are a must).

And while walking—getting lost on side streets exploring neighborhoods you might have otherwise missed—is, of course, a magical way to see any city. Boston is one of the country’s most walkable hubs. And Hotel Commonwealth, which commands a corner in Kenmore Square in the shadow of Fenway Park (with easy access to the Charles River, Back Bay, and the bridges to Cambridge) has prime position. So stroll the Public Garden, linger at South End wine bars, or—if you want that 20 percent discount—eat oysters waterfront in Charlestown. All are mere miles of one another.

Need a little time to prepare for just about 10 miles a day? The deal is good through the end of the year. But sooner is better: Boston’s winters aren’t particularly pedestrian-friendly.